

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 LABOUR DAY AFTERNOON PROGRAM CLOSED	2 12:00 Let's Chat 1:15 Sing and Stretch 2:15 Bowling 3:15 Colouring Fun 4:00 Word Bingo	3 12:00 What's New 1:15 Fun and Fitness 2:15 Shuffleboard 3:15 Word Search 4:00 Finish the Line	4 12:00 Current Events 1:15 Chair Exercises 2:15 Bean Bag Toss 3:15 Creative Art 4:00 Sing a Long	5 12:00 In the Paper 1:15 Music and Motion 2:15 Disc Toss 3:15 Montessori Activities 4:00 Can you Picture This?	6
7	8 12:00 What's New 1:15 Sing and Stretch 2:15 Bowling 3:15 Connect the Dots Picture Fun 4:00 Music Bingo	9 12:00 Current Events 1:15 Chair Exercises 2:15 Mini Putt 3:15 Sorting Jobs 4:00 Card Games	10 12:00 In the Paper 1:15 Music and Motion 2:15 Bean Bag Toss 3:15 Math Worksheet 4:00 Sing A Long	11 12:00 Coffee and Chat 1:15 Move to the Beat 2:15 Shuffleboard 3:15 Puzzles 4:00 Finish the Line	12 12:00 Let's Chat 1:15 Fun and Fitness 2:15 Swatter ball 3:15 Colouring 4:00 Bingo	13
14	15 12:00 In the Paper 1:15 Music and Motion 2:15 Shuffleboard 3:15 Colouring Fun 4:00 Word Bingo	16 12:00 Coffee and Chat 1:15 Fun and Fitness 2:15 Swatter ball 3:15 Creative Art 4:00 Finish the Line	17 12:00 Let's Chat 1:15 Let's Move 2:15 Mini Putt 3:15 Puzzles 4:00 Card Games	18 12:00 What's New 1:15 Chair Exercises 2:15 Bowling 3:15 Word Search 4:00 Can you picture this?	19 12:00 Current Events 1:15 Sing and Stretch 2:15 Bean Bag Toss 3:15 Connect the Dots Mystery Picture 4:00 Music Bingo	20
21	22 12:00 Let's Chat 1:15 Fun and Fitness 2:15 Mini Putt 3:15 Word Search 4:00 Finish the Line	23 12:00 What's New 1:15 Let's Stretch 2:15 Disc Toss 3:15 Montessori Fun 4:00 Sing A Long	24 12:00 Current Events 1:15 Sing and Stretch 2:15 Swatter Ball 3:15 Sorting Jobs 4:00 Can you picture this?	25 12:00 In the Paper 1:15 Move & Groove 2:15 Shuffleboard 3:15 Math Work Sheet 4:00 Bingo Games	26 12:00 Coffee and Chat 1:15 Chair Exercises 2:15 Bowling 3:15 Puzzles 4:00 Card Games	27
28	29 12:00 Current Events 1:15 Chair Exercises 2:15 Swatter ball 3:15 Montessori Time 4:00 Sing a long	30 12:00 In the Paper 1:15 Getting Fit 2:15 Bea Bag Toss 3:15 Creative Time 4:00 Puzzles	September 2025 AFTERNOON PROGRAM			