




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Monthly Gazette 1 10:15 Crafter's Corner 1:30 Bingo 2:15 Men's Group 4:15 Chicken Soup 6:00 Trivia 6:45 Friendly Visits	9:15 Exercises 2 10:00 WHO/WHAT 11:00 Read with Me 1:30 Growing with Friends 2:15 Travelling Tunes 3:00 Hymn Sing	9:15 Rosary Group 3 10:00 Music with Megan 11:00 Zumba 1:30 Bingo 1:30 Multi-Sensory 2:30 Travelling Trivia 3:15 Friendly Visits	9:30 Exercises 4 10:15 OBIE 11:00 Beauty Boutique 1:30 Sing A Long 3:15 Friendly Visits	9:30 Morning News 5 5 10:15 Shuffle Board 11:00 Friendly Visits
9:30 Virtual Church 6 Services 10:15 Trivia 11:00 Friendly Visits <small>Daylight Saving Time Ends</small>	9:30 Church with Bonnie 7 10:15 Exercises 11:00 Montessori 1:30 Bingo with Barb and Rebecca 2:15 Multi-Sensory 3:00 Friendly Visits	9:30 News and Views 8 10:15 Crafter's Corner 1:30 Armchair Travel 2:15 Ladies Group 4:15 Devotionals 6:00 Babies and Laughter 6:45 Friendly Visits	9:15 Exercises 9 10:00 Family Feud 11:00 Montessori 1:30 Growing with Friends 2:15 Travelling Tunes 3:00 Hymn Sing	9:15 Rosary Group 10 10:00 Music with Megan 11:00 Gentle Stretches 1:30 Bingo 1:30 Multi-Sensory 2:30 Travelling Tunes 3:15 Friendly Visits	11:00 Remembrance Day Service 11 	9:30 Exercises 12 12 10:15 Table Bowling 11:00 Friendly Visits
9:30 Virtual Church 13 10:15 Chit and Chat 11:00 Friendly Visits	14 FESTIVE DECORATING DAY! 	9:30 Exercises 15 10:15 Crafter's Corner 1:30 Bingo 2:15 Resident Choice Meeting 4:15 Words of Wisdom 6:00 Travelogue 6:45 Friendly Visits	9:15 Exercises 16 10:00 Jeopardy 11:00 Busy Hands 2:15 Travelling Tunes 3:00 Hymn Sing	9:15 Rosary Group 17 10:00 Music with Megan 11:00 Zumba 1:30 Bingo 1:30 Multi-Sensory 2:30 Italian Movie 3:15 Friendly Visits	9:30 Exercises 10:15 OBIE 11:00 Beauty Boutique 1:30 Live Entertainment 3:15 Friendly Visits	9:30 Montessori 19 19 10:15 Bean Bag Toss 11:00 Friendly Visits
20 9:30 Virtual Church 10:15 Who/What Am 11:00 Friendly Visits	9:30 Church with Bonnie 21 10:15 Exercises 11:00 Busy hands 1:30 Music with Megan 2:15 Multi Sensory 3:00 Friendly Visits	9:30 Morning Drive 22 1:30 Bingo 2:15 Crafter's Corner 4:15 Beauty Boutique 6:00 Devotionals 6:45 Friendly Visits	9:15 Exercises 23 10:00 Time for Trivia 11:00 Friendly Visits	9:30 Music with Megan 24 11:00 Catholic Mass 1:30 Bingo 1:30 Multi-Sensory 2:30 Animal Documentary 3:15 Friendly Visits <small>Thanksgiving Day (US)</small>	25 Sorry, No programs Today	9:30 Exercises 26 26 10:15 Shuffle Board 11:00 Friendly Visits
27 9:30 Virtual Church 10:15 Chicken Soup 11:00 Friendly Visits	9:30 Church with Bonnie 28 10:15 Exercises 11:00 Montessori 1:30 Christmas Tunes 2:15 Multi-Sensory 3:00 Friendly Visits	9:30 News and Views 29 10:15 Crafter's Corner 1:30 Bingo 2:15 Shake Loose a Memory 4:00 Story Telling 6:00 Trivia Tuesday 6:45 Friendly Visits	9:15 Exercises 30 10:00 Concentration 11:00 Friendly Visits 1:30 Growing with Friends 2:15 Travelling Tunes 3:00 Hymn Sing	NOVEMBER 2022 Mohawk Activity Calendar Programming will reflect current directives and Programs are Subject to Change. • In the case of an Outbreak, there will be one to one programming provided. • If you wish to set up a Facetime/Skype or Phone Call Visits please contact Megan Gecas		

Questions/Concerns please contact Megan Gecas, Recreation Programmer 519-756-2920 ext 4297.