

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



December 2022

Day and Stay-Day and Weekend Programs

| | | | | | | |
|---|--|---|---|--|---|--|
| <p>9:00 Morning Discussion 4 10:00 Take a Guess 10:30 Paint by Number 1:00 Fun & Fitness 2:30 Target Toss</p> | <p>9:00 Current Events 5 10:00 Word Probe 10:30 Dice Roll 1:00 Festive Fitness 2:00 Bingo</p> | <p>9:00 In the Community 6 10:00 Holiday Brainstorm 10:30 Crossword 1:00 Ole Exercises 2:00 Spelling Bee</p> | <p><u>Christmas Tree Day</u> 7 9:00 In the News 10:00 Guess the Tree 10:30 Christmas Ornament Craft 1:00 Music & Motion 2:00 Christmas Tree Song Quiz</p> | <p>9:00 Morning Discussion 1 10:00 What Am I? 10:30 Gingerbread Fun 1:00 Ole Exercises 2:00 Outburst</p> | <p><u>Christmas Decorating</u> 2 9:00 What's New 10:00 Tell Me 10:30 Christmas Decorating 1:00 Music & Motion 2:00 Wrapping Gifts</p> | <p>9:00 Community News 3 10:00 Can You Picture This? 10:30 Music Bingo 1:00 Fun & Fitness 2:00 Shuffleboard 3:00 Wheel of Fortune 6:00 Bean Bag Toss 7:00 Card Games</p> |
| <p>9:00 Morning Discussion 11 10:00 Can You Picture This? 10:30 Festive Dice Roll 1:00 Exercise Time 1:30 Christmas Sing Song</p> | <p><u>Poinsettia Day</u> 12 9:00 What's New 10:00 History of the Poinsettia 10:30 Poinsettia Creation 1:00 Music & Motion 2:00 Festive Singing</p> | <p><u>Candy Cane Day</u> 13 9:00 Morning Discussion 10:00 How Candy Canes Are Made 10:30 Baking with Candy Canes 1:00 Exercise Time 2:00 Candy Cane Craft</p> | <p>9:00 Headline News 14 10:00 Finish the Lyric 10:30 Holiday Sing-a-Long 1:00 Jingle Jam Movements 2:00 Wheel of Fortune</p> | <p>9:00 Headline News 8 10:00 Trivia Time 10:30 Art Morning 1:00 Jingle Jam Movements 2:00 Bingo</p> | <p><u>Christmas Card Day</u> 9 9:00 Morning Discussion 10:00 Christmas Card History 10:30 Making a Christmas Card 1:00 Fun & Fitness 2:00 Card Word Probe 6:30 Around the Table 7:00 Wheel of Fortune</p> | <p>9:00 What's New 10 10:00 Trivia Time 10:30 Christmas Craft 1:00 Ole Exercises 2:00 Bingo 3:00 Golf 6:00 Word Probe 7:00 Penny Snatch</p> |
| <p>9:00 Morning Discussion 18 10:00 Random Trivia 10:30 Music Bingo 1:00 Ole Exercises 1:30 Shake Loose a Memory</p> <p>Hanukkah Begins</p> | <p>9:00 Headline News 19 10:00 YouTube Trivia 10:30 Table Games 1:00 Ole Exercises 2:00 Word Probe</p> | <p>9:00 What's New 20 10:00 Word Probe 10:30 Music Morning 1:00 Jingle Jam Movements 2:00 Christmas Karaoke</p> | <p><u>Winter Solstice</u> 21 9:00 Current Events 10:00 Winter Trivia 10:30 Making Snowflakes 1:00 Festive Fitness 2:00 Reading "Twas the Night Before Christmas...."</p> <p>Winter Begins</p> | <p>9:00 Current Events 15 10:00 Word probe 10:30 Drumming Circle 1:00 Fun & Fitness 2:00 Pictionary</p> | <p><u>Ugly Sweater Day</u> 16 9:00 In the Community 10:00 Word Probe 10:30 Let's Make an Ugly Sweater 1:00 Ole Exercises 2:00 Christmas Karaoke 6:30 Around the Table 7:00 Name That Tune</p> | <p>9:00 In the News 17 10:00 YouTube Trivia 10:30 Wheel of Fortune 1:00 Let's Move It! 2:00 Dice Roll 3:00 Music Afternoon 6:00 Reindeer Races 7:00 Card Bingo</p> |
| <p>9:00 Morning Discussion 18 10:00 Random Trivia 10:30 Music Bingo 1:00 Ole Exercises 1:30 Shake Loose a Memory</p> <p>Hanukkah Begins</p> | <p>9:00 Headline News 19 10:00 YouTube Trivia 10:30 Table Games 1:00 Ole Exercises 2:00 Word Probe</p> | <p>9:00 What's New 20 10:00 Word Probe 10:30 Music Morning 1:00 Jingle Jam Movements 2:00 Christmas Karaoke</p> | <p><u>Winter Solstice</u> 21 9:00 Current Events 10:00 Winter Trivia 10:30 Making Snowflakes 1:00 Festive Fitness 2:00 Reading "Twas the Night Before Christmas...."</p> <p>Winter Begins</p> | <p>9:00 In the Community 22 10:00 Mistletoe Facts 10:30 Making Mistletoes 1:00 Music & Motion 2:00 Fun with a Kiss</p> | <p><u>Mistletoe Day</u> 22 9:00 In the Community 10:00 Mistletoe Facts 10:30 Making Mistletoes 1:00 Music & Motion 2:00 Fun with a Kiss</p> | <p>9:00 Headline Trivia 23 10:00 Random Trivia 10:30 Holiday Sing-a-Long 1:00 Festive Fitness 2:00 Holiday Charades</p> |
| <p><u>Christmas Day</u> <u>Centre Closed</u></p> <p>Christmas</p> | <p><u>Boxing Day</u> <u>Centre Closed</u></p> <p>Boxing Day (Canada) Kwanzaa Begins</p> | <p>9:00 Headline News 27 10:00 Jeopardy Trivia 10:30 Bingo Time 1:00 Music & Motion 2:00 Holiday Charades</p> | <p>9:00 Morning Discussion 28 10:00 Trivia Time 10:30 Festive Dice Roll 1:00 Ole Exercises 2:00 Let's Read</p> | <p>9:00 What's New 29 10:00 What Am I? 10:30 Dice Roll 1:00 Exercise Time 2:00 Card Games</p> | <p><u>Hello New Year!</u> 30 9:00 Current Events 10:00 Resolution Time 10:30 Countdown Craft 1:00 Countdown Exercises 2:00 Auld Lang Syne Sing-A-Long 6:30 Around the Table 7:00 Music Bingo</p> | <p>9:00 What's New 31 10:00 Can You Picture This? 10:30 New Year's Craft 1:00 Ole Exercises 1:30 Word Probe</p> <p><u>Centre Closes at 2 pm</u></p> <p>New Year's Eve</p> |

For more information about the Day and Stay Programs, please call Lisa Clarkson (519) 754-4065