

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 12:00 Discuss and Recall 1:00 Sing and Stretch 2:00 Can You Picture This? 3:00 Snack and Chat 3:30 Bowling 4:00 Finish the Line...	2 12:00 Let's Chat 1:00 Chair Exercises 2:00 Sing-A-Long 3:00 Tea Time Trivia 3:30 Shuffleboard 4:00 Artist Expression	3 12:00 Current Events 1:00 Music and Motion 2:00 Word Probe 3:00 Category Trivia 3:30 Bean Bag Toss 4:00 Colouring fun	4 12:00 In the Paper 1:00 Fun and Fitness 2:00 Wheel of Fortune 3:00 Finish the Line Trivia 3:30 swatter Ball 4:00 Painting	5 12:00 What's New 1:00 Exercise Time 2:00 Family Feud 3:00 Tell Me About... 3:30 Disc Toss 4:00 Sing-A-Long	6
7	8 12:00 Current Events 1:00 Exercise Time 2:00 Name That Tune 3:00 Tea Time Trivia 3:30 Swatter Ball 4:00 Penny Snatch	9 12:00 In the Paper 1:00 Music and Motion 2:00 Alphabet brainstorm 3:00 Category Trivia 3:30 Disc Toss 4:00 Outburst	10 12:00 Discuss and Recall 1:00 Sing and Stretch 2:00 Toss and Laugh 3:00 Finish the Line trivia 3:30 Bowling 4:00 Horse Races	11 12:00 What's New 1:00 Chair Exercises 2:00 Spelling Bee 3:00 Snack and Chat 3:30 Bean Bag Toss 4:00 Classic Bingo	12 12:00 Let's Chat 1:00 Fun and Fitness 2:00 Name the Flower 3:00 Random Trivia 3:30 Shuffleboard 4:00 Dice Roll	13
14 <small>Flag Day (U.S.)</small>	15 12:00 Let's Chat 1:00 Fun and Fitness 2:00 Pictionary 3:00 Finish the Line Trivia 3:30 Bean Bag Toss 4:00 Colouring Fun	16 12:00 What's New 1:00 Move to the Beat 2:00 Finish the Line... 3:00 Snack and Chat 3:30 Swatter Ball 4:00 Classic Bingo	17 12:00 In the Paper 1:00 Chair Exercises 2:00 Afternoon Games 3:00 Tea Time Trivia 3:30 Disc Toss 4:00 Penny Snatch	18 12:00 Current Events 1:00 Music and Motion 2:00 Summer Brainstorm 3:00 Tell Me About... 3:30 Shuffleboard 4:00 Outburst	19 12:00 Discuss and Recall 1:00 Sing and Stretch 2:00 Name the Tool 3:00 YouTube Trivia 3:30 Bowling 4:00 Shake Loose A Memory <small>Juneteenth</small>	20
21 Canada Week <small>Father's Day Summer Begins</small>	22 <u>Eastern Canada</u> 12:00 In the Paper 1:00 Exercise Time 2:00 Wheel of Fortune 3:00 Famous Canadians 3:30 Shuffleboard 4:00 Lighthouse Picture Art	23 <u>Ontario and Quebec</u> 12:00 Discuss and Recall 1:00 sing and Stretch 2:00 CENTRAL Word Probe 3:00 YouTube Trivia 3:30 New Program 4:00 Canadian Bingo	24 <u>The Prairies</u> 12:00 Let's Chat 1:00 Fun and Fitness 2:00 Tour of Canada 3:00 Canadian Trivia 3:30 Swatter Ball 4:00 Canadian Flag Creation	25 <u>Western Canada</u> 12:00 Coffee and Conversation 1:00 Move to the Beat 2:00 Canadian Pictionary 3:00 Tea Time Trivia 3:30 Bowling 4:00 Canadian Karaoke	26 <u>The Territories</u> 12:00 Headline News 1:00 chair Exercises 2:00 Canadian Karaoke 3:00 Snack and Chat 3:30 Bean Bag Toss 4:00 Canadian Pride	27
28	29 12:00 What's New 1:00 Chair Exercises 2:00 Outburst 3:00 Category Trivia 3:30 New Program 4:00 Outburst	30 12:00 current Events 1:00 Music and Motion 2:00 bingo 3:00 Random Trivia 3:30 Bowling 4:00 Penny Snatch	 <h1>June 2026</h1> <h2>Afternoon Program</h2>			

For more information about the Day and Stay Program, please call Lisa Clarkson (519) 754-4065